

2009 UDA COLLEGE SPIRIT CAMPS

4 DAY DANCE CAMP SCHEDULE

DAY 1

1:00 pm	Opening Session
1:45 pm	Warm up/Preview "A" Routines
2:15 pm	"A" Routine
3:45 pm	Home Routine Rehearsal/Open Practice
4:15 pm	Dinner
6:30 pm	Home Routine Evaluations
7:30 pm	Sideline Class
7:45 pm	Team Leader Meeting/Teambuilding Activity
8:00 pm	Announcements/Fight Song

DAY 2

7:00 am	Breakfast
8:15 am	Warm up/Sideline Class/Preview "B" Routine
9:00 am	"A" Routine Review
9:30 am	"B" Routine
11:00 am	Lunch
12:30 pm	Sideline Class(Hip Hop)/Preview "C" Routines
1:00 pm	"C" Routine
2:30 pm	Team Technique Class/Open Practice Groups A/B
3:15 pm	Rotate Groups A/B
3:45 pm	Fight Song Review/Open Practice
4:00 pm	Dinner
5:30 pm	Master Class
7:15 pm	Team Leader Meeting/Teambuilding Activity
7:45 pm	Announcements

DAY 3

7:00 am	Breakfast
8:15 am	Warm up/Review Master Class
9:30 am	"A" Routine Review
10:00 am	"B" Routine Review
10:30 am	Sideline Review
10:45 am	Fight Song Private Coaching
11:15 am	Lunch
1:00 pm	Fight Song Evaluation
1:45 pm	"A" Routine Evaluations
2:30 pm	"C" Routine Review
3:15 pm	Game Day Prep Class
4:15 pm	Team Leader Meeting
4:30 pm	Announcements
	Evening Free for practice!!!!

DAY 4

7:00 am	Breakfast
8:00 am	Warm up
8:15 am	Final Routine Evaluations
10:30 am	Final Awards/Demonstrations w/Cheer