

UDA COLLEGE SPIRIT CAMPS

4 DAY DANCE CAMP SCHEDULE

DAY 1

1:00 pm Opening Session
1:45 pm Warm up/Preview "A" Routines
2:15 pm "A" Routine
3:45 pm Home Routine Rehearsal/Open Practice
4:15 pm Dinner
6:30 pm Home Routine Evaluations
7:30 pm Sideline Class
7:45 pm Team Leader Meeting/Teambuilding Activity
8:00 pm Announcements/Fight Song

DAY 2

7:00 am Breakfast
8:15 am Warm up/Sideline Class /Preview "B" Routine
9:00 am "A" Routine Review
9:30 am "B" Routine
11:00 am Lunch
12:30 pm Sideline Class(Hip Hop)/Preview "C" Routines
1:00 pm "C" Routine
2:30 pm Team Technique Class/Open Practice Groups A/B
3:15 pm Rotate Groups A/B
3:45 pm Fight Song Review/Open Practice
4:00 pm Dinner
5:30 pm Master Class
7:15 pm Team Leader Meeting/Teambuilding Activity
7:45 pm Announcements

DAY 3

7:00 am Breakfast
8:15 am Warm up/Review Master Class
9:30 am "A" Routine Review
10:00 am "B" Routine Review
10:30 am Sideline Review
10:45 am Fight Song Private Coaching
11:15 am Lunch
1:00 pm Fight Song Evaluation
1:45 pm "A" Routine Evaluations
2:30 pm "C" Routine Review
3:15 pm Game Day Prep Class
4:15 pm Team Leader Meeting
4:30 pm Announcements
Evening Free for practice!!!!

DAY 4

7:00 am Breakfast
8:00 am Warm up
8:15 am Final Routine Evaluations
10:30 am Final Awards/Demonstrations w/Cheer

