

UDA COLLEGE SPIRIT CAMP

3 DAY DANCE CAMP SCHEDULE

DAY 1

1:00 pm	Opening Session
1:45 pm	Warm up/Sideline Class
2:15 pm	Preview "A" Routine
2:30 pm	"A" Routine
4:00 pm	Home Routine Rehearsal/Open Practice
4:30 pm	Dinner
6:00 pm	Home Routine Evaluations
6:45 pm	Team Leader Meeting/Teambuilding Activity
7:15 pm	Sideline Class/Announcements/Fight Song

DAY 2

7:00 am	Breakfast
8:00 am	Warm Up/Sideline Class
8:30 am	Preview "B" Routine
8:45 am	Review "A" Routine
9:15 am	"B" Routine
10:45 am	Fight Song Private Coaching/Open Practice
11:15 am	Lunch
1:15 pm	Fight Song Evaluations
2:00 pm	"B" Routine Review
2:30 pm	"A" Routine Review
2:45 pm	Group A-Team Technique/Group B-Open Practice
3:30 pm	Group A-Open Practice/Group B-Team Technique
4:15 pm	Dinner
5:30 pm	Master Class
7:00 pm	Team Leader Meeting/Team Building
7:15 pm	Game Day Prep/Announcements

DAY 3

7:00 am	Breakfast
8:30 am	Warm up
8:45 am	Final Evaluations of "A" and "B" Routine
10:30 am	Final Awards with UCA

