

UDA Officer Overnight Camp Schedule

DAY 1

9:00-11:00	Check In / Registration
12:30	UDA Camp Kick Off
1:00	Teambuilding/Icebreaker
1:30	Warm Up / Stretch
2:00	Conditioning/Stretching Seminar
2:30	How to Teach a Routine Seminar
2:45	Officer Routine
4:30	Dinner Break
6:00	Technique Class
6:45	Technique Seminar
7:15	Choreography Seminar
7:45	Choreography Workshop
8:15	Announcements
8:30	UDA All American Meeting

DAY 2

TBA	Breakfast
8:00	UDA All American Meeting
8:30	Warm Up / Stretch
9:00	How to Review a Routine Seminar
9:15	Creating Visual Effect Workshop
9:45	Review Officer Routine
10:30	How to Clean a Routine Seminar
11:30	Lunch Break
1:00	Choreography Workshop
3:00	Teambuilding/Motivation Seminar
3:45	Drill Downs
4:00	Choreography Workshop/Open Practice
4:30	Dinner Break
6:00	Team Calendar/Officer Responsibilities
6:45	How to Run an Effective Practice Seminar
8:00	Announcements

DAY 3

TBA	Breakfast
8:30	Warm Up / Stretch
9:00	Quick Review of Officer Routine and Choreography
9:15	UDA All American Evaluations
9:30	Officer Routine Evaluations
9:45	Choreography Evaluations
10:15	Goals for the Year and Mission Statement
11:00	UDA Officer Challenge
11:15	Roundtable and Open Discussion
11:45	Final Awards

Times are approximate. Times may vary based on university meal times, facilities, etc. Exact times will be given out during camp check-in.

